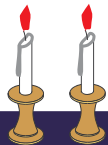




# Shaarei Tefillah | שערי תפילה

## פרשת שמות



### Shabbos Times

|                               |        |
|-------------------------------|--------|
| Mincha                        | 6:50pm |
| Plag Mincha                   | 7:12pm |
| Candle Lighting (Latest)      | 8:24pm |
| Shkiah                        | 8:41pm |
| Shacharis                     | 9:00am |
| Latest time for Shema         | 9:56am |
| Shiur                         | 7:40pm |
| Shabbos Mincha                | 8:10pm |
| (followed by Seudah Shlishis) |        |
| Shabbos ends                  | 9:28pm |

### Something for the Shabbos table

And the king of Egypt spoke to the Hebrew midwives, of whom the name of the one was Shifrah, and the name of the second Puah (Shmos 1:15)

The king of Egypt had a scheme to murder the male new-borns of the Bnei Yisroel. He wanted the Hebrew midwives to kill the male new-borns at birth. However, these righteous women ignored his command. Rashi comments on the names of these midwives as follows: "Shifrah, this is Yocheved, she was called Shifrah because she adorned the child. Puah, this is Miriam; she was called Puah because she would murmur to the child in order to pacify the child's wailing like saying "Pu Pu Pu". Why does the Torah have to go out of its way to enumerate the various names of the midwives as explained by Rashi? Why are their activities as midwives so important? The Torah is teaching us a very important lesson. Every action a person does is recorded and acknowledged by Hashem. Nobody can possibly hide from Him. No act should ever be deemed insignificant; especially seemingly small acts of kindness. A person might not even consider the activities of the midwives to be of any significance, yet the Torah makes it significant. Small acts of everyday kindness are valuable indeed

### Davening Times this Week

|           | Shacharis     | Mincha / Maariv |
|-----------|---------------|-----------------|
| Sunday    | 8:00am        | 8:25pm          |
| Monday    | 6:30 & 8:30am | 8:25pm          |
| Tuesday   | 6:45 & 8:30am | 8:25pm          |
| Wednesday | 6:45 & 8:30am | 8:20pm          |
| Thursday  | 8:00 & 8:30am | 8:20pm          |
| Friday    | 6:45 & 8:30am | 6:50pm          |

### Kiddush

This weeks Kiddush has been sponsored by Avreme & Bracha Coheney on the occasion of the birth of Eden Emunah

### Shaarei Youth

#### Shabbos Afternoon Groups

There will be NO groups over the summer holidays

**Summer Avos Ubonim**  
**45 Minutes before Mincha**  
**This Week 7:25-8:10pm**

**Youth Seudah Shlishis - after Mincha**

**SUMMER LEARNING PROGRAM**  
Davening and learning program  
Shacharis (Mon-Fri) 8:30am

**BOYS SUMMER DAY CAMP**  
**Next week - Mon 23- Fri 27 Jan**  
**PREP-GRADE 5**

**ALL GRADE 6 BOYS UP**  
**ARE WELCOME TO JOIN US ON WEDNESDAY**  
**AS SHAAREI YOUTH GOES TO BONEO MAZE**

**Daf HaYomi - We will be starting Bava Metziya 118a on Sunday**