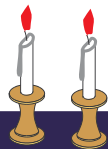




Shaarei Tefillah | שערי תפילה

פרשת בהר-בחוקותי



Shabbos Times

Mincha	5:05pm
Candle Lighting	5:05pm
Shkiah	5:22pm
Shacharis	9:00am
Latest time for Shema	9:43am
Halocha Shiur	4:30pm
Shabbos Mincha	3:30pm /
(followed by Seudah Shlishis)	4:50pm
Shabbos ends	6:05pm
Avos Ubonim	7:05pm

Avos Ubonim

This weeks Avos Ubonim has been sponsored by
Family Abrahams
in honour of the Moshe & Binyomin's
Siyum of Mishnayos Eruvin

Halocha from the Daf

The Baraisa teaches that not only is there is a mitzvah for the kohen to stand while serving in the Beis HaMikdash, but it is essential to the validity of the service as well. The Gemorah earlier (19b) recorded a disagreement whether one who is supported while standing is considered to be standing. According to R' Yossi being supported is still considered standing whereas according to Chachamim it is not considered standing. Tosafos there comments that according to Chachamim one should not lean on something while reading the Torah. He bases this ruling on the Gemorah Megillah (21a) that states that one must stand while reading the Torah and the Chachamim in our Gemorah maintain that standing while being supported is not considered standing. He then cites a Yerushalmi that also rules that one reading the Torah may not lean on something and explains that just as the Torah was given with awe, so too, when reading the Torah, one must demonstrate a sense of awe.

The Shulchan Aruch (OC 141:1) rules that one must stand while reading the Torah and to lean on a wall or a pillar is prohibited. The Mishnah Berurah (2) explains that even if the person reading the Torah is leaning only slightly on the other object, in a manner that even if that object was taken away the reader would not fall, it is nevertheless prohibited. The reason, he explains, is that one must stand with a sense of awe while reading the Torah and leaning of any sort is contrary to promoting that sense of awe. The Shulchan Aruch proceeds to mention that obese people are permitted to lean while reading the Torah. Mishnah Berurah (4) expands this leniency and writes that one who is ill or elderly for whom standing without support is difficult is also permitted to lean while reading the Torah. Preferably, these people should lean only slightly, i.e. they would remain standing even if the object on which they were leaning were removed, but if that is not possible it is permitted for them to lean entirely on another object.

Shaarei Youth

Shaarei Boys Kiddush

Shaarei Girls Kiddush

Shabbos Afternoon Groups

This week 4:20-4:50pm

Seudah Shlishis After Mincha

Motzei Shabbos

Avos Ubonim

This Week 7:05-7:50pm

Special Treat - Hot Chips!!

Wednesday Night Learning

7:30 - 8:15pm

Watch this space

for more Fun

Motzei Shabbos activities

Friday Night learning & Chulent

This week @9pm - Come join us!

Daf HaYomi - We will be starting Zevachim 30a on Sunday

This weeks Newsletter has been Kindly Sponsored by Solly's Online Grocery





Shaarei Tefillah | שערי תפילה

Shiurim and Learning at Shaarei this Week

Sunday Morning - After Shacharis	Meseches Kehillah
Monday Night - After Maariv	Hashkofa (AleI Shur)
Sun, Tues & Wed - 8:30pm	NIGHT CHABURA - Gittin
Wednesday Night - 8:45pm	N/A
Thursday Night - After Maariv	The Kosher Shmooze
Thursday Night - Late	Topical Shiur
Sunday - Thursday before Maariv	Mishne Brurah Shiur
Monday - Friday 5:45am	
Sun - 7:15am, Shabbos 8:15am	Daf Hayomi Shiur

Davening Times this Week

	Shacharis	Mincha	Maariv
Sunday	8:00am	5:05pm	5:25/9:45pm
Monday	6:30am	5:00pm	8:15/9:45pm
Tuesday	6:20am	5:00pm	8:15/9:45pm
Wednesday	6:45am	5:00pm	8:15/9:45pm
Thursday	6:30am	5:00pm	8:15/9:45pm
Friday	6:45am	4:49pm	---

Something for the Shabbos table

Bechukosai begins with the brochos of prosperity and peace that Bnei Yisroel will receive if they observe the Torah. Additionally, Hashem tells us, "I will turn My attention to you, I will make you fruitful and increase you, and I will establish My covenant with you" (26:9). Rashi explains that "I will increase you" refers to Bnei Yisroel's stature i.e. He will enable them to "stand up straight."

What is special about standing up straight? As a matter of fact, the Shulchan Aruch writes that one should not stand straight with his head held high, which seems to imply that standing up straight has a negative connotation. Rav Wolbe explains that the Torah is not referring to Bnei Yisroel's physical posture but rather to an elevated spiritual stature. Man has awesome potential and one who abides by the Torah is given assistance to actualize that potential and transform it into greatness. The Alter of Slabodka spent his life speaking about the greatness of man and he succeeded in molding his disciples into the leaders of the next generation. Unfortunately, most of us do not realize just how great a person can become. We perceive ourselves as small people and therefore do not expect much from ourselves. We think to ourselves, "I'm just a simple person; how can I be expected to daven with kavanah? How can I possibly master a mesechta in Shas? How much chessed can I do already?"

These thoughts cloud our perception. Look in the mirror and acknowledge that the person looking back at you is much greater than what meets the eye. Believe in your greatness and your list of accomplishments will continue to grow

Rosh Chodesh Sivan
THIS TUESDAY

This weeks Kiddush Roster:

Chana Deutsch
Brocha Hurwitz

This weeks Clean Up Roster:

Elli Franck
Bradley Urban

To sponsor the newsletter,
kiddush or Seudah Shlishis
office@shaarei-tefillah.com

To pay a bill or
make a donation
accounts@shaarei-tefillah.com

To contact Rabbi Berlin
rabbi@shaarei-tefillah.com
or 0425 858 503

To contact Rabbi Schreck
rabbischreck@shaarei-
tefillah.com or 0424076370

www.shaarei-tefillah.com

Ladies Shiur

This Shabbos morning there will be a
ladies Shiur given by
Mrs Riva Cohen
All ladies and girls welcome