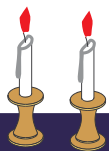




Shaarei Tefillah | שערי תפילה

פרשת במדבר - שבועות



Shabbos Times

Mincha	4:59pm
Candle Lighting	4:59pm
Shkiah	5:16pm
Shacharis	9:00am
Latest time for Shema	9:46am
Halocha Shiur	4:25pm
Shabbos Mincha	4:45pm

Avos Ubonim 5:00pm

Yom Tov Times

Maariv	5:53pm
Candle Lighting (N.B)	6:00pm

Sunday - 1st Day Yom Tov

Shacharis	6:40am & 9:00am
Mincha	5:00pm
Maariv	5:52pm
Candle Lighting (N.B)	5:59pm

Monday - 2nd Day Yom Tov

Shacharis	9:00am
Mincha	5:00pm
Yom Tov Ends	5:59pm

Ladies Shiur

There will be a ladies shiur on Second day Yom Tov given by Mrs Yael Schneier
All ladies and girls welcome

Tikun Leil

See other flyer for full details of Shaarei's Tikun Leil program

Seudah Shlishis

Please Note - This Shabbos there will be no Seudah Shlishis (see halacha below)

Kiddush

The Kiddush on 2nd Day Yom Tov has been kindly sponsored Anonymously

Halocha Corner

Eating Seudah Shlishis this Shabbos

The Shulchan Aruch rules that on Erev Shabbos or Yom Tov it is preferable to refrain from eating a regular meal from 9 hours (halachic hours) onwards (249:2 & 529:1). This is so that one has the correct appetite for Shabbos and Yom Tov.

What happens when Erev Yom Tov falls on Shabbos? When should one eat Seudah Shlishis?

It is still preferable to eat Seudah Shlishis before the beginning of the 10th hour (2:46pm). If one is not able to fit in two meals before this time (See MB 291:17 who prefers having two separate meals rather than splitting one meal in two), one could Bentch before desert, taking a 10-15 minute break (one should leave the house) and then washing again before desert. If one did not have Seudah Shlishis before Mincha Ketana the Mishne Brurah (529:8) rules that one may eat after this time. However one should only have a small amount of food, so that it does not take away from his appetite for the Yom Tov Seudah.



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Shiurim and Learning at Shaarei this Week

Sunday Morning - After Shacharis	Meseches Kehillah
Monday Night - After Maariv	Hashkofa (Alei Shur)
Sun, Tues & Wed - 8:30pm	NIGHT CHABURA - Gittin
Wednesday Night - 8:45pm	N/A
Thursday Night - After Maariv	The Kosher Shmooze
Thursday Night - Late	Topical Shiur
Sunday - Thursday before Maariv	Mishne Brurah Shiur
Monday - Friday 5:45am	
Sun - 7:15am, Shabbos 8:15am	Daf Hayomi Shiur

Davening Times this Week

	Shacharis	Mincha	Maariv
Sunday	YT	YT	YT
Monday	YT	YT	YT
Tuesday	6:45am	4:55pm	8:15/9:45pm
Wednesday	6:45am	4:55pm	8:15/9:45pm
Thursday	6:30am	4:55pm	8:15/9:45pm
Friday	6:45am	4:54pm	---

Something for the Shabbos table

Chazal tell us (Brachos 22b) that just as the Torah was given on Har Sinai amid "trepidation, fear, trembling and sweat," so too, it should be studied with trepidation, fear, trembling and sweat. The Vilna Gaon explains that 'trepidation' refers to the feeling a human being has when he contemplates Hashem's greatness. 'Fear' refers to the fear of Hashem's punishment. 'Trembling' comes as a result of one's embarrassment as he stands before his Creator aware that he is spiritually deficient. 'Sweat' is produced when a person exerts himself to perform the mitzvos of Hashem down to the last detail.

Rav Yeruchom Levovitz would say that according to this every page of Gemorah encapsulates the momentous occasion of the Giving of the Torah. If someone would be able to develop a thermos that could keep a liquid warm for a year, it would be an incredible invention. Indeed, Hashem gave us the Torah which acts as a thermos to keep Ma'amad Har Sinai warm for thousands of years. Learning Torah should bring one to experience the same trepidation and fear experienced by his forefathers many years earlier!

The question is what is all this trepidation and fear supposed to produce? Rav Wolbe comments that it seems from the Vilna Gaon that the bottom line is the sweat of the actions. Torah learning accompanied by fear should produce actions, and one should exert oneself to ensure that those actions be carried out as meticulously as possible.

Shavuos is a time to renew our commitment to Torah learning. Yet, our renewal cannot stop there and we must also renew our dedication to the mitzvos. While we might be able to get away with less, it behoves us to 'sweat' it out and make the effort to do it right - down to the very last detail!

This weeks Kiddush Roster:

This weeks Clean Up Roster:

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