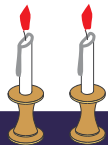




Shaarei Tefillah | שערי תפילה

פרשת שמות



Shabbos Times

Mincha	6:50pm
Plag Mincha	7:12pm
Candle Lighting (Latest)	8:27pm
Shkiah	8:44pm
Shacharis	9:00am
Latest time for Shema	9:40am
Shiur	7:45pm
Shabbos Mincha	5:00pm /
(followed by Seudah Shlishis)	8:15pm
Shabbos ends	9:34pm

Davening Times this Week

	Shacharis	Mincha / Maariv
Sunday	8:15am	8:30pm
Monday	8:15am	8:30pm
Tuesday	8:15am	8:30pm
Wednesday	6:45 & 8:30am	8:30pm
Thursday	6:30 & 8:30am	8:30pm
Friday	6:45 & 8:30am	6:50pm

Summer Holidays

Over the coming weeks a number of our regular Mispalelim will be away. Please make an effort to attend Minyonim.
Thank You

Shaarei Youth

Shabbos Afternoon Groups

There will be NO groups over the summer holidays

Summer Avos Ubonim

This Week 7:30-8:15pm

Youth Seudah Shlishis - after Mincha

SHAAREI YOUTH DAY CAMP

Jan 21st-25th

**Make sure to book your place
all boys Prep-Grade 6 welcome**

Something for the Shabbos table

The Torah relates how Moshe fled to Midyan, married one of Yisro's daughters and had a son. Thereafter, the Torah tells us, "It was during those many days that the king of Egypt died" (Shemos 2:23). To which "many days" is the Torah referring? The Ramban explains that it refers to the many days that Moshe spent abroad after fleeing from Pharaoh. He was about twelve years old when he fled to Midyan and he was eighty when he returned to the palace.

Rav Wolbe comments that Moshe didn't become Moshe Rabbeinu overnight. It took eighty years of work to perfect himself and achieve the greatness that he attained. This is an idea which holds true regarding all spiritual acquisitions. There are no crash courses and no Cliff notes that can catapult you to perfection. Thus, no real character improvement happens in the blink of an eye. Rather, it takes months and years of slow and deliberate work to improve and polish our middos until they glisten like diamonds.

At first glance, this reality appears to be quite depressing. Who likes beginning projects that are expected to take years of continual effort before achieving the desired results? However, in reality, this piece of information should be very energizing. How many times have people tried rectifying their middos or radically changing the way they do things - without success? They failed because they were looking for the shortcut toward perfection. Awareness that one didn't find the shortcut because there is no shortcut is in truth a breath of fresh air. This knowledge allows one to work on ones middos at a slow pace, which not only doesn't weigh down on a person, but also ultimately leads to true change.

Daf HaYomi - We will be starting Chullin 33a on Sunday